

Indiana Tuggle

Christian Author, Speaker, Literary & Life Coach

Raised in the poverty-stricken, crime infested projects of Memphis, Tennessee. Indiana turned the tragedies of molestation, bullying, domestic violence, and low self-esteem into triumph. The first in her family to graduate high school and attend college, she went on to obtain multiple degrees in Social Work (BSW), Public Administration (MPA), and Professional Counseling (MPC). Her personal testimony serves as motivation and feeds her passion for helping others not only survive but become more than conquerors.

Frustrated with being single, constantly questioning her own singleness, and fear of failure in pursuing her dreams, her pursuit of happiness and a closer relationship with God led to her becoming an author of 3 books. Rather than focusing on a man or obtaining a man, her books inspire singles to enjoy where they are with God, details her personal struggles with her past, and invites the reader on a journey of deliverance from un-forgiveness, rejection, abandonment, fear, and low self-esteem into a discovery of identity, purpose in Christ and the fulfilment of dreams.

Her books also serve as inspiration for her teaching, speaking and business endeavors. Indiana is committed to encourage and empower women to live a life of purpose and utilize their God-given talents in their community. Her ministry is focused on facilitating healing and helping women uncover purpose in their pain.



Speaking Topics

- Breaking Soul-Ties
- Purpose in My Pain
- The Healing Process
- Dream, Plan, Succeed



COURSES & WORKSHOPS

- Write 2 Heal - journaling through the pain of sexual abuse, domestic violence, unhealthy relationships, low self-esteem, etc
- While You Wait - teaching singles what to do while they wait for their spouse
- Write Start - introduction to writing, marketing and self-publishing your book



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